

# Rainbow Light Body Essences

## Information



These essences are high frequency, finely tuned clearing and activation tools. Many enlightened beings from advanced star civilisations were present and guiding the unique method of preparation of these light essences. These channelled tools were potentised using Lemurian/Atlantean methods including stargates, leylines and grid layouts of special crystals that were programmed with light body information by the Syrians 16,000 years ago at the demise of Atlantis. Rays of energy were also channelled through Shimarara by different Ascended Masters for each of the different essences to complete the process.

People have been known (from feedback received) to experience shifts out of our 3D linear time frame, which is quite amazing and those that have experienced this have found it to be a powerful and moving experience.

**These essences should be used with care as they are very powerful.**

### **Emotional Body**

For fast clearance of emotional patterns. The Emotional body is the most difficult to clear and balance of all the subtle bodies. E-motions are energy in motion, the energy created by our thoughts. Each time we think, we create. Our emotional responses to others, life and situations are 'learned' as a way of dealing with the negative thought patterns behind the energy. This energy builds up and eventually becomes 'stuck' energy, blocking chakras and the subtle systems.

### **Mental Body**

For clearing the negative thought patterns and core beliefs which are held in the Lower Mental body. Affirmations take a long time to transform thoughts, but taking this essence helps speed up the process, allowing more access to spiritual thought and ideas from the Higher Mental body.

### **Etheric Body**

The Etheric body is the blueprint for the physical body. The clearer this body is, the healthier the person is physically, but energies from our other subtle bodies filter into this pattern of us. We also absorb things like shock, trauma, drugs etc have an effect on this body too. The effect of this is that after time, holes and weak spots appear in the aura and on reaching the etheric body and becoming embedded there, these energies can cause physical illness and disease.

## **Earth Star**

The Earth Star is a chakra point located 6-9" below the feet in line with the Base Chakra. When balanced with the other main chakras, we become more grounded, meaning we then become more easily attuned with Higher Energies. This is in accordance with the Universal Law of Correspondence, 'As Above, So Below'.

## **Soul Star**

This centre is in the aura, above the crown and connects us to our soul, higher energies and the universe. When this centre is open and functioning properly, more soul and healing energy can flow into the mind and body. This essence can help to activate dream recall and aid contact with our guides while sleeping so take before bed to assist this.

## **Thymus**

The Thymus Gland, or Higher Heart centre, becomes atrophied in most adults. From this centre comes Divine Love and compassionate energy for all living beings, something recognised by the ancient spiritually attuned civilisations. This gland also brings physical energy by activating the thyroid, pituitary gland and immune system on a physical level.

## **Hara**

Just between the naval and the Sacral Chakra is the energy centre called the Hara, otherwise known as the Spleen Chakra. This centre brings through the Divine Will, feelings of fulfilment and a sense of purpose. If this centre is not functioning properly we can't complete our Divine Purpose during this lifetime. It is connected to the spleen on a physical level and helps us to feel the true energy we have physically.

## **Integration**

This essence helps to integrate and balance left/right brain activities. This is connected to our masculine/feminine energies which also need balancing. While most of us over-emphasise one polarity, our right brain (feminine, intuitive etc.) needs to be functioning as an equal with our left brain (masculine, logical etc.) This balance will stimulate the pituitary/pineal glands and thus the whole endocrine system and physical body.

### **Crystalline Ray**

This essence will help to awaken the soul's memories of the Crystalline Light Body and bring them more into consciousness.

### **Mer-Ka-Ba**

This essence is usually the last to be taken in the individual's rainbow light essence process, as all other aspects need to be worked on first to enable this essence to activate and re-awaken the light body (or Mer-Ka-Ba) process. The Mer-Ka-Ba is the spiritualised auric field merging with the higher self, and can only be activated by a fully open Heart Chakra.

### **NEW! Causal Body**

The causal body vibrates at a higher frequency than all the other subtle bodies and holds the blueprint for our life plan, including any energies or qualities needed from past lives to help in this one. This essence helps to align and integrate all the other bodies bringing forward spiritual growth through this portal of higher consciousness.

### **NEW! I Am Presence**

This essence brings a more conscious connection to our higher self, helping us to hear and feel our inner wisdom and guidance in a more profound way. Contact with this aspect of ourselves helps us to make choices more in line with our higher good and also aid deeper meditation experiences.

### **How to use:**

Try 4 drops on the tongue once per day of one essence only & notice the effects. If guided, try it twice a day. It is not advised to use more than 2 doses per day unless specifically guided, these essences activate very quick and powerful clearings through all dimensions.

For best results, take from the bottle-do not dilute.

Take away from food and drink by at least 20 minutes.

We recommend that you only take one Rainbow Light Body essence at a time, and that you do not take it with any other higher vibrational essences at the same time. However, a well-chosen Bach Flower Essence alongside can be beneficial, 20 minutes should be left between doses of the remedies.